



FLAV-R-PAC
Fruit
COLLECTION



Grown in ideal climates and picked at their peak, our fruit is simply... better. We quick freeze in just hours, locking in the natural flavors and textures. For consistently delicious fruit, available all year long, look no further than FLAV-R-PAC® Fruit Collection®.



Raspberries



Convenient, consistently great-tasting fruit meets all your needs, the year-round with our special FLAV-R-PAC® Fruit Collection®.



GRANNY SMITH APPLES

Uniform in size and color, our Pacific Northwest apples are second to none in quality and taste. *Also available: Golden Delicious*



MANGO BITS & PIECES

Now you can serve the delicious taste and color of the tropics in a wide range of menu options all year long.

Cut Styles: Bits & Pieces, Chunks



PINEAPPLE CHUNKS

Picked and processed at the peak of ripeness, we capture all of the natural sweetness, texture and nutrition, for use all year long.



PEACH SLICES

Grown in premium peach growing areas, our selection of peaches offer consistent flavor, size, and outstanding appearance.



RHUBARB

A favorite of cooks everywhere, our premium quality Crimson Variety Rhubarb is deep pink, highly flavorful and ready to thaw and use right out of the container.



BOYSENBERRIES

Our great-tasting, premium quality berries are picked by hand and quick frozen straight from the field so that you can serve them all year long.

Also available: Blackberries



RASPBERRIES

Featuring rich color and a sweet, juicy taste, our frozen northwest raspberries consistently deliver superb taste and texture with exciting health benefits.



BLUEBERRIES

Considered a true "superfruit", we pick only when they reach optimal ripeness, then pack and freeze within hours to preserve natural flavor and full nutritional benefits.

Also available: Wild Blueberries, Cherries



OREGON BERRY MIX

The perfect blend of Northwest Raspberries, Blueberries and Blackberries combined to maximize the flavors and nutritional benefits.

Also available: Berry Mix



STRAWBERRIES

Their sweet juiciness and deep red color have made strawberries the world's most popular berry. Ours are packed in just hours to lock in every bit of their natural goodness. *Cut Styles: Whole, Sliced*

Also available: Strawberry Beverage Mix



CRANBERRIES

Our whole cranberries are a popular and versatile favorite with powerful nutritional benefits. With their signature tart flavor profile, they're equally delicious paired with sweet or savory ingredients.



PACK INFORMATION							NUTRITIONAL INFORMATION																
Cat #	Pack Size (lbs.)	Gross Wt. (lbs.)	Case Cube	Pallet Pattern	Outside Case Dimensions	Serving Size (C)	Serving Size (g)	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Added Sugar (g)	Protein (g)	Vitamin D (%)	Calcium (%)	Iron (%)	Potassium (%)	
APPLES																							
Golden Delicious Sliced IQF	109930	1/40	43	1.36	10 x 5	15.125 x 11.875 x 13.125	1 1/2	140	80	0	0	0	0	20	20	1	13	0	1	70	0	0	2
Granny Smith Sliced IQF	109840	1/40	43	1.36	10 x 4	15.125 x 11.875 x 13.125	1 1/2	140	80	0	0	0	0	20	20	1	13	0	1	70	0	0	2
BLACKBERRIES																							
Blackberries IQF (Clear Poly)	110864	2/5	11	0.56	15 x 10	13.375 x 9.375 x 7.75	3/4	140	100	0	0	0	5	22	7	14	0	2	0	4	10	4	
Blackberries Marion IQF	109206	4/5	21	0.78	8 x 10	18.875 x 11.375 x 6.25	1	124	80	0	0	0	5	19	7	12	0	2	0	4	6	4	
Blackberries Northwest IQF	109932	4/5	21	0.78	8 x 10	18.875 x 11.375 x 6.25	3/4	140	100	0	0	0	5	22	7	14	0	2	0	4	10	4	
BLUEBERRIES																							
Blueberries IQF	109036	1/10	11	0.43	12 x 13	13.375 x 11.125 x 5	1	130	80	0	0	0	5	18	6	14	0	1	0	0	6	2	
Blueberries IQF	109207	4/5	21	0.78	8 x 10	18.875 x 11.375 x 6.25	1	130	80	0	0	0	5	18	6	14	0	1	0	0	6	2	
Blueberries IQF (Clear Poly)	110865	2/5	11	0.56	15 x 10	13.375 x 9.375 x 7.75	1	130	80	0	0	0	5	18	6	14	0	1	0	0	6	2	
Blueberries Wild IQF (Clear Poly)	117029	2/5	11	0.56	15 x 10	13.375 x 9.375 x 7.75	1	140	80	0	0	0	0	19	6	10	0	0	0	2	6	2	
BOYSENBERRIES																							
Boysenberries IQF (Clear Poly)	110861	2/5	11	0.56	15 x 10	13.375 x 9.375 x 7.75	1	108	50	0	0	0	0	13	6	7	0	1	0	2	6	4	
CHERRIES																							
Cherries RTP (5+1) (Pail)	109933	1/30	32	0.82	20 x 4	12.625 x 11.375 x 9.875	1	156	170	0	0	0	0	42	2	37	26	1	0	2	0	4	
CRANBERRIES																							
Cranberries Whole IQF (Clear Poly)	110891	2/5	11	0.56	15 x 10	13.375 x 9.375 x 7.75	1	100	45	0	0	0	0	12	4	4	0	0	0	0	0	2	
MANGOES																							
Mango Bits & Pieces IQF	109903	4/5	21	0.82	10 x 9	15.875 x 11.875 x 7.5	1	140	80	0.5	0	0	0	0	21	2	19	0	1	0	2	0	6
Mango Chunks IQF	110019	4/5	21	0.82	10 x 9	15.875 x 11.875 x 7.5	1	140	80	0.5	0	0	0	0	21	2	19	0	1	0	2	0	6
MIXED FRUITS																							
Berry Mix IQF (Clear Poly)	110881	2/5	11	0.56	15 x 10	13.375 x 9.375 x 7.75	1	140	70	0	0	0	0	0	18	5	11	0	1	0	2	6	4
Oregon Berry Mix IQF	110275	4/5	21	0.83	10 x 8	13.37 x 7.87 x 6.87	1	144	80	0	0	0	0	0	18	12	0	1	0	2	6	4	
Sunrise Fruit Medley IQF	109934	4/5	21	0.80	10 x 9	15.813 x 11.813 x 7.375	1	140	60	0	0	0	0	0	14	2	11	0	1	0	2	0	4
PEACHES																							
Peach Sliced Freestone IQF	109935	4/5	21	0.80	10 x 9	15.875 x 11.875 x 7.375	1	140	50	0	0	0	0	0	13	2	11	0	1	0	0	0	6
Peaches Sliced IQF	109901	2/5	11	0.42	15 x 10	13.25 x 7.875 x 6.875	1	140	50	0	0	0	0	0	13	2	11	0	1	0	0	0	6
Peaches Sliced IQF	109908	1/40	42	1.47	10 x 4	15.75 x 11.5 x 14	1	140	50	0	0	0	0	0	13	2	11	0	1	0	0	0	6
PINEAPPLE																							
Pineapple Chunks IQF	109936	4/5	21	0.80	10 x 9	15.875 x 11.875 x 7.375	1	140	70	0	0	0	0	0	18	2	14	0	1	0	2	0	4
RASPBERRIES																							
Raspberries IQF (Clear Poly)	110880	2/5	11	0.56	15 x 10	13.375 x 9.375 x 7.75	1	140	80	1	0	0	0	5	18	6	9	0	2	0	2	6	6
Raspberry Crumbles IQF	110882	2/5	11	0.56	15 x 10	13.375 x 9.375 x 7.75	1	125	70	1	0	0	0	0	15	8	6	0	2	0	2	6	4
Red Raspberries IQF	109937	4/5	21	1.11	10 x 8	16 x 10 x 12	1	140	80	1	0	0	0	5	18	6	9	0	2	0	2	6	6
RHUBARB																							
Rhubarb IQF	109172	1/30	31.5	1.08	9 x 6	16.875 x 11.375 x 9.75	1	140	30	0	0	0	0	0	7	3	2	0	1	0	20	0	4
STRAWBERRIES																							
Strawberries IQF (Clear Poly)	110879	2/5	11	0.56	15 x 10	13.375 x 9.375 x 7.75	1	140	50	0	0	0	0	0	12	2	8	0	1	0	2	6	4
Strawberries IQF	108401	1/10	11	0.43	12 x 13	13.375 x 11.125 x 5	1	140	50	0	0	0	0	0	12	2	8	0	1	0	2	6	4
Strawberries Whole IQF	109938	4/5	21	1.12	8 x 7	18.875 x 11.375 x 9	1	140	50	0	0	0	0	0	12	2	8	0	1	0	2	6	4
Strawberries Sliced (4 + 1)	109939	6/6.5	42.5	1.34	7 x 5	19.438 x 13 x 9.188	1/2	131	130	0	0	0	0	0	34	2	31	19	1	0	2	6	2
Strawberries Beverage Mix	108569	6/6.875 lb.	44.5	1.34	7 x 6	19.4375 x 13 x 9.1875	2 tbsps.	29	130	0	0	0	0	0	8	0	7	6	0	0	0	0	0

Learn more about NORPAC and our capabilities. Contact your local OPC Companies representative or visit oregonpotato.com.



An Oregon Potato Family Company