



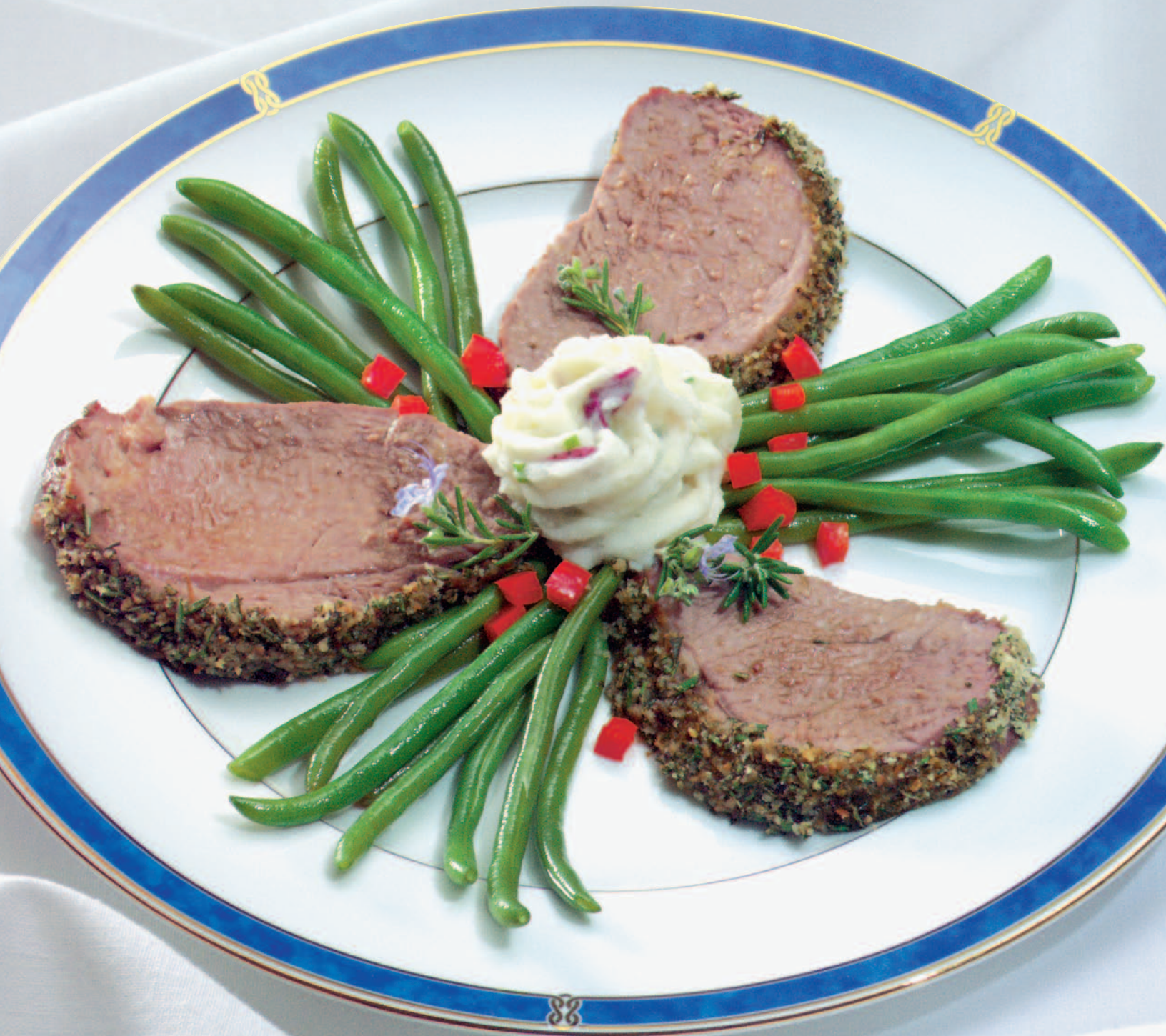
# Premium Extra Fine Whole Green Beans

---

## Haricots Verts

---

**Crisp and Delicious • Seedless and Firm • Quality and Value**





## Simple to Make Serving Suggestions Yield Dramatic Presentations

### With Lamb or Beef

Offer patrons a dinner presentation that's sure to be a hit. Simply fan sliced roast loin of lamb on the plate and group clusters of Extra Fine Whole Green Beans between the lamb slices, follow with a potato rosette in the middle and garnish with diced sautéed red pepper and fresh rosemary.

### As an Easy-to-Make High Value Side

Quick sauté Extra Fine Whole Green Beans in butter and olive oil with minced shallots. Add a splash of white wine and season with salt and pepper for a flavorful and colorful, side dish that complements any upscale entree.

### In a Classic Nicoise Salad

Slack/thaw Extra Fine Whole Green Beans (or quick blanch and chill) for classic Nicoise salad of tuna, olives, potatoes, tomato and hard-boiled egg, each decoratively arranged on crisp butter lettuce and drizzled with lemon vinaigrette.

### With Pan Seared White Fish

Add the complementary value of Extra Fine Whole Green Beans to pan seared white fish fillet. Serve on a creamy saffron beurre blanc sauce garnished with sautéed chanterelle or trumpet mushrooms.

### Complementing Seared Scallops

Sauté Extra Fine Whole Green Beans in garlic olive oil until heated through, add diced tomatoes, chiffonade (shredded) basil, salt and pepper. Serve topped with a trio of seared scallops and garnish with fresh herbs.

## The Differences Are Subtle, Yet Distinctive!

### Compare Flavor and Crispness

Our extraordinary Haricots Verts contain less moisture giving them a refreshingly crisp, satisfying texture and a wonderfully sweet flavor.

### Compare Serving Possibilities

With low moisture content and fewer than 9% seeds, FLAV-R-PAC Haricots Verts hold very well after cooking. The serving possibilities are limitless.

### Compare with 'Fresh'

The most discriminating chefs, even those who demand 'fresh', recognize the unsurpassed quality and value of FLAV-R-PAC Haricots Verts. They deliver 100% yield, with no waste, and are available at a predictable, competitive price whenever you need them to add value to your menu.



## Haricots Verts

**Premium Extra Fine Whole Green Beans**

Cat. # 04466 Pack 12/2 lbs. P

Nutrition Facts	
Serving Size 3/4 Cup (85g)	
Serving Per Container 11	
Amount Per Serving	
<b>Calories 25</b>	Calories from Fat 0
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	0%
Saturated Fat 0g	0%
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 10mg	0%
<b>Total Carbohydrate</b> 4g	2%
Dietary Fiber 2g	6%
Sugars 2g	
<b>Protein</b> 1g	
Vitamin A 4%	Vitamin C 2%
Calcium 2%	Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower based on your calorie needs.

For information about all of FLAV-R-PAC's Premium Products, call the FLAV-R-PAC Hotline at 800-822-2898, or visit our web site: [www.norpac.com](http://www.norpac.com).